

# 7-Day English Practice Pack



Student name: \_\_\_\_\_

One clear activity each day. This pack practises grammar, vocabulary, reading, past tense, listening, speaking and writing. Complete the final review on Day 7.

| Done                     | Day | Skill                | Activity                             |
|--------------------------|-----|----------------------|--------------------------------------|
| <input type="checkbox"/> | 1   | Grammar              | Present simple or present continuous |
| <input type="checkbox"/> | 2   | Vocabulary           | Travel and transport                 |
| <input type="checkbox"/> | 3   | Reading              | A change of plans                    |
| <input type="checkbox"/> | 4   | Grammar              | Past simple                          |
| <input type="checkbox"/> | 5   | Listening & speaking | Changing weekend plans               |
| <input type="checkbox"/> | 6   | Writing              | Plan a day trip                      |
| <input type="checkbox"/> | 7   | Review               | Bring it all together                |

For teachers: Student activities are on pages 2-9. The listening script and all answers are on pages 10-11. Use one lesson each day, or teach the pack as a short intensive unit.

# Present simple or continuous

## A. Choose the correct verb form.

1. Lena usually walks / is walking to work.

---

2. Today she takes / is taking the bus.

---

3. My parents cook / are cooking dinner every evening.

---

4. Listen! The baby cries / is crying.

---

5. We do not watch / are not watching TV on school nights.

---

6. I read / am reading a very interesting book this week.

---

7. The train leaves / is leaving at 7:30 every morning.

---

8. Why do you wear / are you wearing a coat today?

---

9. Sam plays / is playing football on Saturdays.

---

10. They stay / are staying with friends this month.

---

## B. Complete with the present simple or present continuous.

1. Mia \_\_\_\_\_ at a cafe every Friday. (work)

---

2. Mia \_\_\_\_\_ an extra shift right now. (work)

---

3. I usually \_\_\_\_\_ lunch at home. (eat)

---

4. We \_\_\_\_\_ for the bus at the moment. (wait)

---

5. He \_\_\_\_\_ his grandparents once a week. (call)

---

## Present simple or continuous - continued

### C. Make each sentence negative.

1. She drives to work every day.

---

2. They are studying in the library now.

---

3. Ben likes spicy food.

---

4. I am waiting for an email.

---

### D. Put the words in order to make questions.

1. you / usually / what time / get up / do

---

2. wearing / why / she / a uniform / is

---

3. your friends / live / where / do

---

4. are / this week / what / studying / you

---

### Quick rule

Use the present simple for routines and facts. Use the present continuous for actions happening now or temporary situations.



# Travel and transport

Word bank: platform timetable fare luggage journey passenger return delay destination transfer

## A. Choose the best word from the word bank.

1. Check the \_\_\_\_\_ to find the next departure time.

2. Our train leaves from \_\_\_\_\_ 4.

3. The bus \_\_\_\_\_ is cheaper with a travel card.

4. There was a twenty-minute \_\_\_\_\_ because of heavy traffic.

5. Please keep your \_\_\_\_\_ with you at all times.

6. A person travelling on a bus or train is a \_\_\_\_\_.

7. Christchurch is our final \_\_\_\_\_.

8. We need to \_\_\_\_\_ to another bus in the city centre.

9. The \_\_\_\_\_ from Nelson took nearly six hours.

10. A \_\_\_\_\_ ticket brings you back again.

## B. Plan a journey.

Starting place:

Destination:

Transport:

Departure time:

What will you take?



## A change of plans

On Saturday morning, Hana and her cousin Leo planned to take the bus to a beach outside the city. They checked the timetable the night before and packed lunch, water and warm jackets. When they reached the bus stop, a notice said that the road was closed because of strong winds. The beach bus was not running. At first, Hana felt disappointed, but Leo suggested visiting the city museum instead. They walked there and joined a free guided tour about early explorers. After lunch, the weather improved, so they visited the riverside market. Hana bought a small gift for her host family. Their day was different from the one they had planned, but they both enjoyed it. On the way home, Hana said that changing plans did not have to spoil an outing.

### Answer the questions.

1. Where did Hana and Leo plan to go?

---

2. What three things did they pack?

---

3. Why was the beach bus not running?

---

4. What did Leo suggest instead?

---

5. What did they learn about at the museum?

---

6. What happened to the weather after lunch?

---

7. Why did Hana buy a gift?

---

8. What lesson did Hana learn from the day?

---

# Past simple

## A. Complete each sentence with the past simple form.

1. Yesterday we \_\_\_\_\_ the early bus. (catch)

---

2. Hana \_\_\_\_\_ her lunch at home. (pack)

---

3. The driver \_\_\_\_\_ us about the delay. (tell)

---

4. I \_\_\_\_\_ a return ticket. (buy)

---

5. They \_\_\_\_\_ to the museum. (walk)

---

6. Leo \_\_\_\_\_ a better plan. (suggest)

---

7. The tour \_\_\_\_\_ at eleven o'clock. (begin)

---

8. We \_\_\_\_\_ several old photographs. (see)

---

9. She \_\_\_\_\_ a gift for her host family. (choose)

---

10. The weather \_\_\_\_\_ after lunch. (improve)

---

## B. Rewrite each sentence in the negative.

1. We missed the train.

---

2. She bought a single ticket.

---

3. They stayed at home.

---

4. He remembered the address.

---

## C. Write a past simple question.

1. you / enjoy / the journey

---

2. they / arrive / on time

---

3. Hana / visit / the beach

---

## Changing weekend plans

Listening: Your teacher or partner reads the script on page 11 twice. Listen once for the main idea, then again for details. You can also practise online at [englishdrills.org/listening/a2-weekend-plans/](https://www.englishdrills.org/listening/a2-weekend-plans/).

### A. Listen and answer.

1. What did Maya and Tom originally plan to do?

---

2. Why do they decide to change their plans?

---

3. What indoor activity does Maya suggest?

---

4. What time will they meet?

---

5. Where will they meet?

---

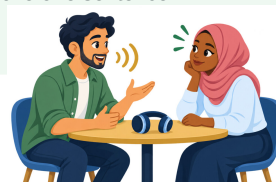
6. What will Tom bring?

---

### B. Speak about a changed plan.

- Our original plan was ...
- We changed it because ...
- Instead, we decided to ...
- We will meet at ...
- I think the new plan is ... because ...

Speaking challenge: Talk for 45 seconds. Record yourself if possible, listen again and improve one sentence.



# Plan a day trip

## A. Plan with short notes.

|                     |                      |
|---------------------|----------------------|
| Destination         | How will you travel? |
| <hr/>               | <hr/>                |
| Who will go?        | Departure time       |
| <hr/>               | <hr/>                |
| What will you take? | What will you do?    |
| <hr/>               | <hr/>                |
| Possible problem    | Backup plan          |
| <hr/>               | <hr/>                |

## B. Write 8-10 sentences.

Try to use: First, Then, After that, because, but and finally. Include one possible problem and your backup plan.

---

---

---

---

---

---

---

---

---

---

---

---

# Bring it all together

## A. Mixed review.

1. My brother usually \_\_\_\_\_ the bus to work. (take)  
\_\_\_\_\_
2. Look! The children \_\_\_\_\_ across the road. (run)  
\_\_\_\_\_
3. We \_\_\_\_\_ the museum last Saturday. (visit)  
\_\_\_\_\_
4. She \_\_\_\_\_ not buy a return ticket. (did / does)  
\_\_\_\_\_
5. Choose the travel word: The train leaves from the \_\_\_\_\_. (platform / passenger)  
\_\_\_\_\_
6. Complete the word: destina\_\_\_\_\_  
\_\_\_\_\_
7. Put in order: you / did / where / go / yesterday  
\_\_\_\_\_
8. Write the opposite of arrive: \_\_\_\_\_  
\_\_\_\_\_
9. Choose: I am waiting / wait for the bus right now.  
\_\_\_\_\_
10. Why did Hana and Leo change their plans?  
\_\_\_\_\_
11. What time will Maya and Tom meet?  
\_\_\_\_\_
12. Write one sentence about a journey you enjoyed.  
\_\_\_\_\_  
\_\_\_\_\_

## B. My reflection.

- I enjoyed: \_\_\_\_\_
- I improved: \_\_\_\_\_
- Next, I will practise: \_\_\_\_\_



Finished? Well done. Visit [englishdrills.org/levels/a2/](https://englishdrills.org/levels/a2/) for more free A2 practice.

## Answers: Days 1-4

### Day 1 - Present simple or continuous

- A. 1 walks 2 is taking 3 cook 4 is crying 5 do not watch 6 am reading 7 leaves 8 are you wearing 9 plays 10 are staying
- B. 1 works 2 is working 3 eat 4 are waiting 5 calls
- C. 1 She does not drive to work every day. 2 They are not studying in the library now. 3 Ben does not like spicy food. 4 I am not waiting for an email.
- D. 1 What time do you usually get up? 2 Why is she wearing a uniform? 3 Where do your friends live? 4 What are you studying this week?

---

### Day 2 - Travel and transport

- A. 1 timetable 2 platform 3 fare 4 delay 5 luggage 6 passenger 7 destination 8 transfer 9 journey 10 return. B. Answers will vary.

---

### Day 3 - A change of plans

- 1 A beach outside the city. 2 Lunch, water and warm jackets. 3 The road was closed because of strong winds. 4 Visiting the city museum. 5 Early explorers. 6 It improved. 7 For her host family. 8 Changing plans did not have to spoil an outing.

---

### Day 4 - Past simple

- A. 1 caught 2 packed 3 told 4 bought 5 walked 6 suggested 7 began 8 saw 9 chose 10 improved.
- B. 1 We did not miss the train. 2 She did not buy a single ticket. 3 They did not stay at home. 4 He did not remember the address.
- C. 1 Did you enjoy the journey? 2 Did they arrive on time? 3 Did Hana visit the beach?
- 



## Listening script & answers

### Day 5 - Read this script twice

Maya: Hi, Tom. Are we still cycling to the lake on Saturday? Tom: I do not think so. The forecast says it will rain all morning. Maya: That is a shame. How about visiting the indoor climbing centre instead? Tom: Good idea. It opens at ten. Shall we meet at the bus interchange at nine thirty? Maya: Perfect. I will bring some snacks. Could you bring a bottle of water? Tom: Sure. I will see you there at nine thirty.

**Answers:** 1 Cycle to the lake. 2 Rain is forecast. 3 Visit the indoor climbing centre. 4 9:30. 5 At the bus interchange. 6 A bottle of water.

### Day 6 - Writing guide

Answers will vary. Look for 8-10 connected sentences, clear sequence words, understandable future language, a possible problem and a sensible backup plan. Correct only errors that affect meaning.

### Day 7 - Mixed review

1 takes 2 are running 3 visited 4 did 5 platform 6 tion (destination) 7 Where did you go yesterday? 8 depart / leave 9 am waiting 10 The road was closed because of strong winds. 11 9:30. 12 Answers will vary.

Suggested routine: Read each lesson with the learner, give them time to work independently, then check answers together. Finish by asking the learner to say one sentence using the day's language.